

December 2020

Lunch Menu Options During Teleschooling

FOOD FOR THOUGHT PROGRAM's meals include a milk, fresh fruit & vegetable of the day

* Meals must be pre-ordered using the FORM found on the [SJSJSD website](https://www.sjsd.edu) *

Breakfast and Lunches will be distributed at the same time.

Pickup Times & Locations:

High School Parking Lot from 7:00-8:00am

Trailer Court (by mailboxes) from 8:05-8:15am

West Valley & Roche Harbor from 7:45-7:55am

The Oaks (at the entrance) from 7:15-7:25am

Lunch Prices

Elementary: \$3.25 free

Middle/High: \$3.50 free

Reduced: \$0.40 free

Breakfast Prices

Elementary: \$1.75 free

Middle/High: \$2.00 free

Reduced: FREE

MENU OPTIONS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option #1 Chef's Menu <small>(orders must be placed before 10pm Sunday or may default to Option #2)</small>	30 Only Option #2 for Today! <small>(after breaks will always be PB&J days)</small>	1 Curry Penne Pasta with Roasted Turkey	2 Chicken Fajita with Rice and Beans <small>GF Modified</small>	3 Hot Dog Day! with Fixin's and Chips <small>DF GF Modified</small>	4 Chef Salad with a Fresh Baked Roll
Option #2 Sack Lunch	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk
Option #1 Chef's Menu <small>(orders must be placed before 10pm Sunday or may default to Option #2)</small>	7 Hoisin Noodle Salad with Chicken <small>DF</small>	8 Roasted Pork Loin with Apple Sauce <small>DF/GF</small>	9 Sausage and Three Cheese Lasagna	10 Honey Mustard Chicken with Rice <small>DF/GF</small>	11 Chicken Tortilla Soup with Cornbread <small>GF Modified</small>
Option #2 Sack Lunch	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk
Option #1 Chef's Menu <small>(orders must be placed before 10pm Sunday or may default to Option #2)</small>	14 Penne Pasta Parmesan with Italian Sausage <small>DF</small>	15 Local Beef and Black Bean Burrito with Corn Salad <small>GF/DF</small>	16 Creole Rice with Cajun Chicken and Andouille Sausage <small>GF/DF</small>	17 Southwest Chicken Salad Wrap <small>GF Modified</small>	18 BBQ Pulled Pork Sandwich with Creamy Cole Slaw <small>DF/GF Modified</small>
Option #2 Sack Lunch	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk	pb&j, cheese stick, fruit, vegetable and milk
Option #1 Chef's Menu <small>(orders must be placed before 10pm Sunday or may default to Option #2)</small>	ALLERGY ALERT! Please submit a Medical Form to the School Nurse	More information on Food Service and the Weekly Meal Pre-Order Form is available online at https://www.sjsd.wednet.edu/Page/948	The Free Meal Program has been extended! Check out the website for current info regarding program changes	Start your day off right with BREAKFAST! Breakfast and Lunches are bundled together for pickup or delivery at the locations listed above.	Please fill out a new Free and Reduced Price Application EVEN THOUGH meals are free! There are other benefits to having a current form on file!
Option #2 Sack Lunch	Option #2 Sack Lunch is available to pre-order at any time				

Disclaimer: In our effort to provide tasty, fresh and healthful meals, we may make changes to the menu at Chef

~~Andy's discretion~~

Per State Auditor:

NO MEAL CHARGING ALLOWED

Please keep current on your student's lunch account

GLUTEN & DAIRY LABELS

DF = dairy free

GF= gluten free

Modified = DF or GF if a meal's component is not consumed

This institution is an equal opportunity provider.